

# C3356 COMPREHENSIVE CARE CENTER



**ASHEVILLE, NC**  
**ALL-INCLUSIVE BEHAVIORAL  
HEALTH CARE CENTER:**  
**A Full Continuum of Crisis Services, Intervention,  
Prevention and Outpatient Care For Mental Health,  
Substance Use & Developmental Disabilities**

## C3356 Services



### **Same Day Access Walk-In Clinic & Behavioral Health Urgent Care**

**Same Day Access Walk-In Clinic**  
*(located on upper level of building;  
Hrs: 8am - 5pm M - F)*

- Walk in anytime during our business hours to discuss your treatment needs - no appointment necessary.

**Behavioral Health Urgent Care (BHUC)**  
*(located on lower level of building)*

- **24/7 Walk-In Crisis Services**
- Nursing & Clinical Staff on every shift
- Triage/Assessment to determine level of care needed
- Observation Unit *(used to safely de-escalate person & determine need for detox services or inpatient care)*
- Crisis Planning & Counseling
- Peer Support Services

**Call 828.254.2700 For Same Day  
Access Walk-In Clinic & BHUC Unit**

### **24/7 Mobile Crisis (MCM) Services**

**Call 1.888.573.1006**

The C3356 Center is also “home-base” for **RHA Mobile Crisis (MCM) Services**, available whenever you need them day or night, 27/7/365, only a phone call away!

When an individual is experiencing a mental health, substance use or developmental disability crisis somewhere out in the community, our experienced MCM team can come to your location, wherever you are, to provide safe, on-site stabilization, intervention and support to the person in crisis. MCM services are provided around the clock so we're here when you need us.



### **Pharmacy Services**

Successful management of psychiatric medication is critical to a healthy recovery. For your safety and convenience, we have two community pharmacies located within the C3356 Center to ensure that individuals are able to fill their prescriptions on the day they are written:

**Asheville Buncombe Community  
Pharmacy**  
*(for individuals covered by insurance)*

**Hours: 9 am - 5 pm M-F**

**Call 828.398.0123**

**ABCCM 356 Pharmacy**  
*(for individuals without insurance)*

**Hours: 1 pm - 5 pm Mon - Wed**

**9 am - 1 pm Thur, Closed Fri - Sun**

**Call 828.259.5306**





## Facility-Based Crisis/ The Neil Dobbins Center

*(Coming to the C3 Center in early 2017!)*

**Admission Line: 828.253.6306**

**Toll-Free: 1.855.587.4443**

The Neil Dobbins Center (NDC) is a 24 hr secured facility offering:

- Intensive, short-term **treatment and stabilization** of individuals experiencing acute mental health, substance use or co-occurring developmental disability crises.
- Non-hospital medical **detox services** to individuals actively using alcohol, illicit substances, opiates or benzodiazepine
- Evaluation/Assessment
- 24 hr Clinical Supervision
- Case Management
- Group & Individual Therapy
- Treatment for up to 7 days
- Aftercare Plan/Discharge Planning

## RHA Health Services Outpatient Care

Outpatient and community-based services are a vital part of the recovery process and can help you maintain your progress while working towards long-term mental health wellness and the goal of living substance-free. RHA is here to help with a continuum of services to meet every level of need. Our Outpatient Services at **C3356** include:

- Comprehensive Clinical Assessments (CCA)
- Individual & Group Therapy
- Psychiatric Services
- Medication Management
- Community Support Team (CST)
- Assertive Community Treatment Team (ACTT)
- Substance Abuse Intensive Outpatient Program (SAIOP)

**Call 828.254.2700 For Services**

**RHA Outpatient Hrs: 8 am - 5 pm Mon. - Fri.**



## Peer Support Services NAMI & Peer Living Room

Having the understanding and guidance of someone who has “been there” before can be a tremendous help when beginning one’s own recovery journey. **Certified Peer Support Specialists** offer education and support while fostering an environment of trust, respect and resiliency for individuals in recovery. The **C3356** Center integrates Peer Support and the **effective self-advocacy** it promotes into a holistic approach to wellness. Peer Support Services at the center are offered by:

- **NAMI Western North Carolina Peer & Family Support (M, Tu, Thur: 10 - 3)**  
**Call NAMI 828.505.7353**
- **RHA Health Services Outpatient Care, ACT Team, BHUC & Peer Living Room**  
**Call RHA 828.254.2700**  
*(Peer Living Room Hrs: 9 - 5 Mon. - Fri.)*



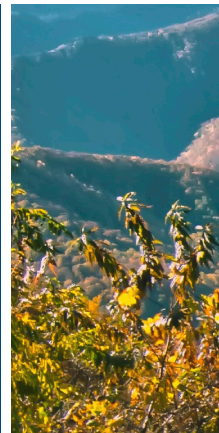
## Contact Us

**Our Location:**  
**356 Biltmore Ave.**  
**Asheville, NC 28801**  
**www.C3356.org**

**Main Phone:**  
**(828) 254-2700**  
**Fax: (828) 254-1524**

**24/7 Mobile Crisis (MCM) Services:**  
**1-888-573-1006**

**Call 911 for medical or life-threatening emergencies.**



**A Special Thank You To Our Community Partners:**



[www.rhahealthservices.org](http://www.rhahealthservices.org)



[www.vayahealth.com](http://www.vayahealth.com)



[www.pathways.com](http://www.pathways.com)



[www.abccm.org](http://www.abccm.org)



[www.buncombecounty.org](http://www.buncombecounty.org)



[www.mission-health.org](http://www.mission-health.org)



[www.namiwnc.org](http://www.namiwnc.org)

