



The Caldwell C3 Center

The Caldwell C3 Comprehensive Care Center provides treatment and support services regardless of where you are in your recovery journey. If you need help with mental health, substance use or other wellness issues, please call us or just stop in. No appointment is necessary. The Caldwell C3 Center offers the very latest in integrated behavioral healthcare with a varied continuum of services to meet your needs. We provide intensive therapeutic interventions and crisis services, a diverse range of outpatient programs, a Recovery Education Center (REC) and Peer Support Services to help you reach and maintain your wellness goals. ***Our goal at the Caldwell C3 Center is to provide a foundation for recovery and help people achieve stable, sober, independent lives within their communities.***



Contact Us

The Caldwell **C3**
Comprehensive Care Center
2415 Morganton Blvd. SW
Lenoir, NC 28645
Phone: (828) 394-5563

Per state and federal regulations, priority treatment is granted to pregnant women with substance use concerns.

****If you are experiencing a crisis and cannot come to the Caldwell C3 Center, please call our Mobile Crisis (MCM) Team.**

We come to you for on-site crisis intervention, stabilization and support. **MCM Services are available 24/7/365. Call 1-888-573-1006.****



The Caldwell C3 Center is operated by RHA Health Services. RHA has been helping people with behavioral health needs and developmental disabilities since 1991.

To learn more about our services,
please visit our website @
www.rhahealthservices.org.



Also Find Us On Facebook:
www.facebook.com/RHAHealthServices



Don't Miss Out On Life's Best Moments. If You Need Support, We Can Help!

**Behavioral Health
Crisis Stabilization Services,
Outpatient Care & Recovery Support**





Our Continuum of Services

Outpatient Behavioral Health Services For Children & Adults

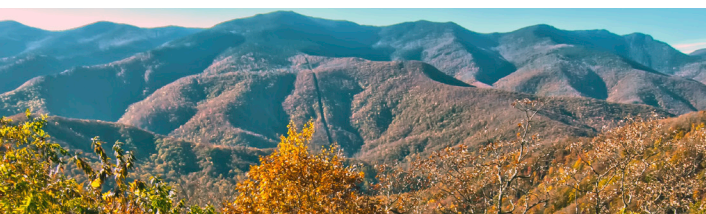
Our outpatient services are built around evidence-based practices such as cognitive behavioral therapy and are structured to help you find the right “pace” of skill-building and growth for your personal journey towards recovery and wellness.

Mental Health & Substance Use Services

We offer services for mental health needs as well as therapeutic interventions for people struggling with substance use.

Group & Individual Therapy

Group therapy allows you to learn and practice new skills with others, listen to and be listened to by others, receive and give support, and celebrate successes together. **Individual therapy** provides an opportunity for you to develop and review your individual recovery plan, discuss personal challenges, and manage crisis situations when needed.



Substance Use Intensive Outpatient Program

SAIOP services are intensive, highly structured substance use interventions consisting of individual, group and family treatments.

Medication Management

Proper medication management services can help to stabilize symptoms, strengthen recovery efforts and reduce the likelihood of future crisis situations.

Community Support Team (CST)

CST rehabilitative services not only provide treatment but can also improve a person’s quality of living through increased coping skills, better social supports, improved symptom and medication management, finding employment, and reduced likelihood of crisis situations such as hospitalization, homelessness or incarceration.

Intensive In-Home Services (IIH)

IIH services are interventions for youth who are at risk of being placed in a treatment center or foster care due to serious behavioral health challenges. **IIH** services seek to prevent these out-of-home placements by providing intensive case management and monitoring, therapy and substance use treatment, and family counseling.

Peer Support Services (PSS)

Peer Support Specialists are people who, having been successful in their own recovery efforts, have received training to help others build self-advocacy skills, better manage their mental health needs/ addiction, and find housing, education or employment.

Recovery Education Center (REC)

RECs offer information, treatment and empowerment in an educational environment. The goal is for people



to become leaders in their own recovery journeys.

Crisis Stabilization & Detox Services For Adults

We offer 24/7 crisis care - evaluations, treatment, voluntary and involuntary admissions. Detox services are intended for individuals who are actively using alcohol or illicit substances and admission eligibility is determined on a case-by-case basis.

Mobile Crisis Services (MCM)

MCM services offer intensive, on-site intervention to people of all ages who are experiencing a mental health, substance use or developmental disability crisis. **MCM services are available 24/7/365. Just call 1-888-573-1006. IMPORTANT: If you are having a medical emergency, please call 9-1-1.**

Payment Options

We can bill through Medicaid. Individuals with no coverage may receive services via State Funds. Benefit eligibility is based on an income scale. Individuals who self-pay are required to prepay for services.

