



To all my friends.....

To all my friends at Bridges,
 Just a note to once again thank
 you! My family is all I have
 and I appreciate the help you've
 provided so that my brother
 can be properly cared for.
 I can also attend to other
 responsibilities and not be so
 utterly exhausted anymore.
 God bless you for helping.
 We are very, very thankful.
 Most Sincerely,
 Rhonda

A Community Alternative
 Program for Disabled Adults

For more information or to
 make a referral

call 1-888-207-7828



CAP/DA-Choice

What is CAP/DA-Choice?

The Community Alternative Program for Disabled Adults or CAP/DA-Choice is an alternative for placement in a nursing facility.

With CAP/DA-Choice services and reliable informal support from family and friends, many people can remain in their homes at a lower Medicaid cost than nursing facility care.

CAP/DA-Choice exists to supplement rather than replace current support systems.



Who does CAP/DA-Choice serve?

Those 18 years and older that:

- Are eligible for full coverage Medicaid in one of the following benefit categories: disabled, blind, and/or aging.
- Live in a private residence and are at risk of being placed in a nursing facility.
- Live in a nursing facility and wish to return to a private residence
- Require nursing facility care as determined through the Medicaid prior approval process.
- Can have his/her health, safety and well-being maintained at home within the Medicaid cost limit .
- Desire CAP/DA-Choice services instead of institutional care
- Requires services directly related to a documented medical diagnosis.
- Risk of institutionalization within 30 calendar days.
- Have an Emergency Back Up Plan with adequate support to meet basic needs.



CAP/DA-Choice Services

Waiver items may include:

- Case Management or Care Advisor
- Adult Day Health
- Personal Care Aide or Personal Assistant
- Waiver Supplies (reusable incontinence undergarments, disposable liners, oral nutritional supplements, and medication dispensing boxes)
- Home Modification and Mobility Aids (wheelchair ramps, modifying doorways for access, safety rails, handheld showers heads and grab bars, lift chairs)
- Meal Preparation and Delivery
- Respite care (Non-institutional or Institutional)
- Personal Emergency Response Services
- Participant Goods and Services
- Transition Services
- Assistive Technology
- Training and Education Services
- Financial Management Services (Choice Option Only)

For more information about our programs call 1-888-207-7828.

