

# CAPE FEAR **Respite**

## *Wilmington, NC*



**A**re you caring for someone with an intellectual/  
developmental disability but need temporary  
assistance due to overwhelming personal circumstances?

*Please Call Us...  
Cape Fear Respite Can Help.*

## *What We Can Do*

**Are you providing care for a loved one who has a physical, intellectual or developmental disability?**

**Are you facing a personal crisis situation such as illness, a death in the family, unforeseen damage to your home, or a period of hospitalization due to medical needs?**

**Do you need temporary relief from providing care for your loved one due to these circumstances?**

**Cape Fear Respite** offers temporary assistance and relief when the caregiver for a person with disabilities faces challenging personal circumstances or an emergency and is unable to provide needed care during this time. We offer:

- Caregiver Relief
- Shelter
- Meals
- Leisure activities
- An experienced and compassionate staff trained in NCI and CPR/FA.



## About Us & Eligibility

**W**e understand that caring for someone with a disability is both rewarding and challenging. Even in times of crisis, you do not want to entrust your loved one's care to just anyone. RHA has a proven track record of providing high quality services and supports for people with disabilities. We can help you avoid using emergency services or hospitalization for your loved one when you are temporarily unable to continue providing care.

*Who is eligible to stay at Cape Fear Respite? The person supported must:*

- Be age 5 to 99 years old
- Have a primary diagnosis of Intellectual/ Developmental Disability (*a mental health diagnosis may be secondary*)
- Have a "home" address to return to upon discharge from care at Cape Fear Respite
- Have a physician's order for ALL medications
- Maximum length of stay is 30 days for emergency situations (*to be evaluated on a case by case basis*)
- Have authorization for respite services

## Apply for Services

*Let us help you:* Cape Fear Respite has 5 beds and accepts referrals through Trillium Health Resources MCO, DSS, local hospitals, care coordinators and other service providers.

To apply for respite services, please call us at the number listed below. You will be asked to complete our screening/admission form.

**Cape Fear Respite**  
**RHA Health Services**  
**3255 Burnt Mill Dr.**  
**Wilmington, NC 28403**  
**Phone: 910-251-6616**  
**Fax: 910-254-1118**

*Cape Fear Respite* is operated by RHA Health Services. RHA provides high quality services and support to people with disabilities with an approach to care that puts the needs of the people we support at the center of every decision.

[www.rhahealthservices.org](http://www.rhahealthservices.org)

