



What are Intensive In-Home Therapeutic Services (IIHS)?

Intensive In-Home Therapeutic Services (IIHS) are time-limited therapeutic intervention services for youth who are at high risk of placement in professional treatment centers or foster care due to serious behavioral health challenges.

IIH Services seek to prevent these out-of-home placements when possible and preserve normal family living arrangements through the use of in-home supports. For youth who have already entered treatment centers, **IIH Services** can help them return home sooner by giving their families the tools needed to provide better at-home care and natural supports.

**How can I contact
RHA Intensive
In-Home Services
in my area
to coordinate
care for a child?**

Please Call Us:

**RHA Health Services
Buncombe County:**

**131 McDowell Street
Asheville, NC 28801
Phone: 828-785-1889
Fax: 828-785-1897**

www.rhabebehavioralhealth.org



Intensive In-Home Therapeutic Services are provided by RHA Health Services. Through its behavioral health programs, RHA impacts the lives of over 12,000 individuals across North Carolina and has been helping people lead healthier, more fulfilling lives since 2005.



**Intensive
In-Home
therapeutic
services for youth**



**Keeping families together through
providing the best in home-based
behavioral healthcare.**



Why use Intensive In-Home Therapeutic Services?



When a child with behavioral health needs is faced with the possibility of being placed in out-of-home therapeutic services, family members often begin searching for alternatives that will enable them to keep their families living

together. IIH Services can, in many cases, provide an effective family-focused alternative to more restrictive placement in treatment and residential centers. IIH Services can help:

- Evaluate and stabilize the current behavioral health crisis
- Deliver therapy, substance use treatment and other rehabilitation, primarily at the child's family home
- Provide intensive case management, monitoring the progress of youth receiving IIH Services, making adjustments to care when needed
- Offer self-help strategies and "life skills" training to youth
- Work with parents and other caregivers in the home to help them develop and effectively provide home-based behavioral supports (problem-solving, effective communication, coping/crisis management skills)
- Provide individual and family counseling
- Provide parenting skills training
- Develop strategies for family-focused interventions that will help reduce the likelihood of future behavioral health crises



- Connect families with community services and other resources if needed, including 24-hour emergency response

Who is eligible to receive IIH Services?

Any young person up to the age of 20 for Medicaid-funded services & through age 17 for State-funded services who has been identified as having serious behavioral health challenges (mental health diagnosis, addictive disease) is eligible to receive IIH Services.

How long can RHA provide IIH Services to a child?

IIH Services are a time-limited intervention. Each child can receive services for any length of time between 3 months and 6 months.

Who provides RHA IIH Services?

IIH Services are delivered by our team of licensed clinicians and qualified behavioral health professionals.

