ALL-INCLUSIVE BEHAVIORAL HEALTH CARE CENTER:
A Full Continuum of Crisis Services, Intervention, Prevention and Outpatient Care For Mental Health, Substance Use & Developmental Disabilities

C3356 Services

Same Day Access Walk-In Clinic & Behavioral Health Urgent Care
Same Day Access Walk-In Clinic (located on upper level of building; Hrs: 8am - 5pm M - F)
- Walk in anytime during our business hours to discuss your treatment needs - no appointment necessary.
Behavioral Health Urgent Care (BHUC) (located on lower level of building)
- 24/7 Walk-In Crisis Services
- Nursing & Clinical Staff on every shift
- Triage/Assessment to determine level of care needed
- Observation Unit (used to safely de-escalate person & determine need for detox services or inpatient care)
- Crisis Planning & Counseling
- Peer Support Services
Call 828.254.2700 For Same Day Access Walk-In Clinic & BHUC Unit

24/7 Mobile Crisis (MCM) Services
Call 1.888.573.1006
The C3356 Center is also “home-base” for RHA Mobile Crisis (MCM) Services, available whenever you need them day or night, 27/7/365, only a phone call away!

When an individual is experiencing a mental health, substance use or developmental disability crisis somewhere out in the community, our experienced MCM team can come to your location, wherever you are, to provide safe, on-site stabilization, intervention and support to the person in crisis. MCM services are provided around the clock so we’re here when you need us.

Pharmacy Services
Successful management of psychiatric medication is critical to a healthy recovery. For your safety and convenience, we have two community pharmacies located within the C3356 Center to ensure that individuals are able to fill their prescriptions on the day they are written:

Asheville Buncombe Community Pharmacy
(for individuals covered by insurance)
Hours: 9 am - 5 pm M-F
Call 828.398.0123

ABCCM 356 Pharmacy
(for individuals without insurance)
Hours: 1 pm - 5 pm Mon - Wed
9 am - 1 pm Thur, Closed Fri - Sun
Call 828.259.5306
Facility-Based Crisis/
The Neil Dobbins Center
(Coming to the C3 Center in early 2017!)
Admission Line: 828.253.6306
Toll-Free: 1.855.587.4443
The Neil Dobbins Center (NDC) is a 24 hr secured facility offering:
• Intensive, short-term treatment and stabilization of individuals experiencing acute mental health, substance use or co-occurring developmental disability crises.
• Non-hospital medical detox services to individuals actively using alcohol, illicit substances, opiates or benzodiazepine
• Evaluation/Assessment
• 24 hr Clinical Supervision
• Case Management
• Group & Individual Therapy
• Treatment for up to 7 days
• Aftercare Plan/Discharge Planning

RHA Health Services
Outpatient Care
Outpatient and community-based services are a vital part of the recovery process and can help you maintain your progress while working towards long-term mental health wellness and the goal of living substance-free. RHA is here to help with a continuum of services to meet every level of need. Our Outpatient Services at C356 include:
• Comprehensive Clinical Assessments (CCA)
• Individual & Group Therapy
• Psychiatric Services
• Medication Management
• Community Support Team (CST)
• Assertive Community Treatment Team (ACTT)
• Substance Abuse Intensive Outpatient Program (SAIOP)
Call 828.254.2700 For Services
RHA Outpatient Hrs: 8 am - 5 pm Mon. - Fri.

Peer Support Services
NAMI & Peer Living Room
Having the understanding and guidance of someone who has “been there” before can be a tremendous help when beginning one’s own recovery journey. Certified Peer Support Specialists offer education and support while fostering an environment of trust, respect and resiliency for individuals in recovery. The C356 Center integrates Peer Support and the effective self-advocacy it promotes into a holistic approach to wellness. Peer Support Services at the center are offered by:
• NAMI Western North Carolina Peer & Family Support (M, Tu, Thu: 10 - 3)
Call NAMI 828.505.7353
• RHA Health Services Outpatient Care, ACT Team, BHUC & Peer Living Room
Call RHA 828.254.2700
(Peer Living Room Hrs: 9 - 5 Mon. - Fri.)

A Special Thank You To Our Community Partners:

RHA
www.rhahealthservices.org

Vaya Health
www.vayahealth.com

Pathways
www.pathways.com

ABCCM
www.abccm.org

Buncombe County
www.buncombecounty.org

Mission Health
www.mission-health.org

NAMI
www.namiwnc.org

Contact Us
Our Location:
356 Biltmore Ave.
Asheville, NC 28801
www.C356.org
Main Phone: (828) 254-2700
Fax: (828) 254-1524

24/7 Mobile Crisis (MCM) Services:
1-888-573-1006
Call 911 for medical or life-threatening emergencies.