



## WHAT SERVICES ARE AVAILABLE?

At RHA, we offer a wide range of outpatient behavioral health services to people who are Deaf and Hard of Hearing (DHH) and DeafBlind. All providers in the DHH program are fluent in sign language and able to communicate with the people we support in-person or remotely using video technology.

Our programs and services are tailored to meet the individual needs of the people we serve. Our outpatient mental health and substance use recovery services for individuals who are Deaf or Hard of Hearing or DeafBlind are designed to serve people of all ages who communicate primarily through sign language.

### Services include:

- Comprehensive Clinical Assessments
- Mental Health Counseling
- Substance Use Counseling
- Psychiatric Services & Evaluation
- Crisis Intervention Services
- Peer Support/Recovery Coach Services
- Consultation and Education
- Outreach and Support

*For questions regarding insurance, fees, and payments please contact the unit directly.*

## WHY CHOOSE RHA?

In the Deaf and Hard of Hearing (DHH) and DeafBlind community, there are often differences in preferred modes of communication, attitudes toward hearing loss, life experiences, education, and more. All of this can impact a person's beliefs and understandings surrounding substance use and mental health needs.

At RHA, we respect the unique needs of each of the individuals we serve and strive to provide provide services and communication access that are both effective and culturally sensitive. In addition to this, our licensed and certified mental health professionals provide services both in-person and through video technology to ensure that everyone has access to services.

**To access services or make a referral  
for Deaf & Hard of Hearing and  
DeafBlind Services in North Carolina,  
please contact:**

**[rhadhbusinessoffice@rhanet.org](mailto:rhadhbusinessoffice@rhanet.org)**

**919.518.9293 (Phone/VP)  
919.250.9817 (Fax)**