



## What We Do

**RHA Health Services** is a leading statewide provider of comprehensive mental health and substance use recovery support services. We are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and recognized by the North Carolina Department of Health & Human Services as a statewide Critical Access Behavioral Health Agency (CABHA). Our services in Burlington, NC and the surrounding areas offer effective treatment and compassionate support for individuals of all ages with behavioral health needs.

**“We do our best to meet you where you are to provide high-quality care and support. Whenever possible, we will work with you in your home, at work, or another preferred setting in your community.”**

## Contact Us

To Coordinate Services,  
Please Call the RHA Office in Burlington:

**RHA Burlington**  
2732 Anne Elizabeth Dr.  
Burlington, NC 27215  
Phone: (336) 229-5905  
Fax: (336) 229-5906



To learn more about our services,  
please visit our website @  
[www.rhahealthservices.org](http://www.rhahealthservices.org).



Find us on 

Through its behavioral health programs, **RHA Health Services** has impacted the lives of over 12,000 individuals across North Carolina and has been helping people lead healthier, more fulfilling lives since 2005.



# RHA



**RHA Health Services**  
Burlington, NC

**Serving  
Alamance County &  
Surrounding Areas**

## Advanced Access

**Advanced Access** Open M - F, 8:00 am - 8:00 pm

- Mental health crisis services for all age groups
- Triage
- Psychiatric Evaluations
- Involuntary Commitments

## Outpatient Therapy

**12 Therapy Groups** focus on: Anxiety, Depression, Schizophrenia, Trauma, Mood Disorders. We also have youth groups for youth who are in middle school or early high school. **Individual Therapy sessions** are recommended as needed.

## Psychiatric Care

We provide **psychiatric evaluations** and **medication management services** for adults and children.

## Intensive In-Home Services

**Intensive In-Home Services (IIH)** are time-limited therapeutic intervention services for youth (typically ages 5 -18) who are at high risk of placement in professional treatment centers or foster care due to serious behavioral health challenges. IIH Services seek to prevent these out-of-home placements when possible and preserve normal family living arrangements through the use of in-home supports.



## In-Home Therapy Services

**In-home therapy services** are for children who are not at such high risk of out-of-home placement but who do require a high level of services to prevent them from escalating to the point of needing the most intensive, out-of-home care.

## Substance Abuse Intensive Outpatient Program (SAIOP)

Our center provides **SAIOP** services for adults who are in recovery from addiction and need intensive clinical services. This intervention is appropriate for individuals who require a level of care that cannot be provided in a traditional outpatient setting.

## Peer Support Services

**On the path to recovery, it helps to have the support of someone who has been there before.** **Peer Support Specialists (PSS)** are individuals with mental illness and/or a personal history of addiction who have completed at least 40 hours of intensive Peer Support training and have demonstrated resiliency and success in their own recovery efforts. Because of this, Peer Support Specialists can offer special insight as they help others in recovery.

## Community Support Team (CST)

**Community Support Team (CST)** services provide intensive community-based mental health and/or substance use rehabilitation services for adults with severe mental health needs and/or addiction. This service is most appropriate for individuals who are prone to crisis situations such as homelessness, incarceration or repeated hospitalizations because of their mental health or substance use status.



## How To Access Our Services

*Because our main goal is to meet the needs of our consumers, RHA operates on a walk-in basis!*

To access our services, there are just 3 easy steps:

- 1) Walk in any Monday, Wednesday or Friday between 8:00 am and 3:00 pm and complete our consumer paperwork
- 2) A Comprehensive Clinical Assessment (CCA) will be completed and appropriate service recommendations will be provided
- 3) Recommendations are sent to RHA team members and the appropriate staff will call you within days.

If you have any questions or concerns at any time, please call us:

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**2732 Anne Elizabeth Dr.**  
**Burlington, NC 27215**  
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