

# C3356 COMPREHENSIVE CARE CENTER



**ASHEVILLE, NC**  
**ALL-INCLUSIVE BEHAVIORAL HEALTHCARE CENTER:**  
**A Full Continuum of Crisis Services, Intervention, Prevention and Outpatient Care For Mental Health, Substance Use & Developmental Disabilities**



## C3356 Services

### Walk-In Clinic & Behavioral Health Urgent Care

#### Same Day Access Walk-In Clinic (Hrs: 8am - 5pm M - F)

- Walk in anytime during our business hours to discuss your treatment needs - no appointment necessary.

#### Behavioral Health Urgent Care (BHUC)

- **24/7 Walk-In Crisis Services**
- Nursing & Clinical Staff on every shift
- Triage/Assessment to determine level of care needed
- Observation Unit
- Crisis Planning & Counseling
- Peer Support Services

**Call 828.254.2700 For Same Day Access Walk-In Clinic & BHUC Unit**

### 24/7 Mobile Crisis (MCM) Services

**Call 1.888.573.1006**

The C3356 Center is also “home-base” for the western team of **RHA Mobile Crisis (MCM) Services**, available whenever you need them day or night, 24/7/365, only a phone call away!

*Our experienced MCM team can come to your location, wherever you are in the community, to provide safe, on-site stabilization, intervention and support when a person is experiencing a mental health, substance use or developmental disability crisis. MCM services are provided around the clock so we're here whenever you need us!*

### Pharmacy Services

Successful management of psychiatric medication is critical to a healthy recovery. For your safety and convenience, we have a community pharmacy located within the C3356 Center to ensure that individuals are able to fill their prescriptions on the day they are written:

**ABCCM 356 Pharmacy**  
**Hours: 1 pm - 5 pm Mon - Wed**  
**9 am - 1 pm Thur, Closed Fri - Sun**  
**Call 828.259.5306**  
**Fax 828.259.5320**



## The Neil Dobbins Center (Facility-Based Crisis)

Admission Line: **828.253.6306**

Fax Number: **828.210.1404**

The Neil Dobbins Center (NDC) is a 24 hr secured facility offering:

- Intensive, short-term treatment and stabilization of individuals experiencing acute mental health, substance use or co-occurring developmental disability crises.
- Non-hospital medical detox services to individuals actively using alcohol, illicit substances, opiates or benzos
- Evaluation/Assessment
- 24 hr Clinical Supervision
- Case Management
- Group & Individual Therapy
- Treatment for up to 7 days
- Aftercare Plan/Discharge Planning

## RHA Health Services Outpatient Care

Outpatient and community-based services are a vital part of the recovery process and can help you maintain your progress while working towards long-term mental health wellness and the goal of living substance-free. RHA is here to help with a continuum of services to meet every level of need. Our Outpatient Services at C3356 include:

- Comprehensive Clinical Assessments (CCA)
- Individual & Group Therapy
- Psychiatric Services
- Medication Management
- Community Support Team (CST)
- Assertive Community Treatment Team (ACTT)
- Substance Abuse Intensive Outpatient Program (SAIOP)

Call **828.254.2700** for Outpatient Services  
Hrs: 8 am - 5 pm Mon. - Fri.



## Peer Support Services NAMI & Peer Living Room

Having the understanding and guidance of someone who has “been there” before can be a tremendous help when beginning one’s own recovery journey. **Certified Peer Support Specialists** offer education and support while fostering an environment of trust, respect and resiliency for individuals in recovery. The C3356 Center integrates Peer Support and effective self-advocacy into a holistic approach to wellness. Peer Support Services are offered by:

- NAMI Western North Carolina Peer & Family Support (M, Tu, Thur: 10 - 3)  
Call NAMI **828.505.7353**
- RHA Health Services Peer Living Room, ACT Team, BHUC & Outpatient Care  
Call RHA **828.254.2700**  
(Peer Living Room Hrs: 9 - 5 Mon. - Fri.)



## Contact Us

Our Location:  
356 Biltmore Ave.  
Asheville, NC 28801  
www.C3356.org

Main Phone:  
(828) 254-2700  
Fax: (828) 254-1524

24/7 Mobile Crisis (MCM) Services:  
1-888-573-1006

Call 911 for medical or life-threatening emergencies.



A Special Thank You To Our Community Partners:

