

## **The Neil Dobbins Center**

**The Neil Dobbins Center (NDC)** is a leading facility-based crisis center in Asheville that has served western North Carolina communities for more than 30 years. We offer short-term, intensive therapeutic interventions and stabilization services for individuals experiencing mental health crises as well as detoxification services for those who struggle with substance use/addiction.

The Neil Dobbins Center is part of the continuum of care provided at the **C3356 Comprehensive Care Center**, which offers mental health/substance use crisis services including a mobile crisis (MCM) team, behavioral health urgent care, various outpatient programs, a pharmacy and peer and family support services all under one roof. *Our goal at the NDC and for all services offered at the C3 Center is to provide a foundation for recovery and help people achieve stable, sober, independent lives within their communities.* 

# **Contact Us**

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The Neil Dobbins Center is a certified Involuntary Commitment Designated Facility by the Division of Mental Health, Developmental Disabilities and Substance Use Services.



The Neil Dobbins Center (located within the C3356 Comprehensive Care Center, on the lower level) 356 Biltmore Ave. Suite 150 Asheville, NC 28801

NDC Admission Line: 828-253-6306 Fax: 828-210-1404

The Neil Dobbins Center is operated by RHA Health Services. RHA has been helping people with mental and substance use needs and developmental disabilities since 1991.

> To learn more about our services, please visit our website @ www.rhahealthservices.org.

Find us on



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Facility-Based Crisis Stabilization & Detoxification Services

NDC

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**Services Available** 

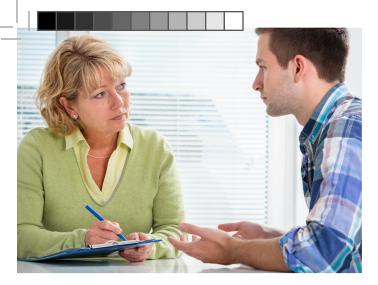
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356 Biltmore Ave. Asheville, NC

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#### **NDC Crisis Services**

• We provide crisis services to adults in need of short-term intensive evaluation, treatment, or behavior management to stabilize acute mental health crisis situations.

 These services are intended for individuals in imminent risk of danger to themselves or others who do not require seclusion or restraint.
Our crisis services are appropriate for individuals who exhibit mood or behavior

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disturbances requiring immediate assessment and/ or medication management that cannot be achieved in a less-restrictive setting.

#### **Detox Services**

NDC Detox Services are intended for individuals who are actively using alcohol or illicit substances. Admission eligibility for detox services is determined on a case-by-case basis.



### Why Choose The Neil Dobbins Center?

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The NDC has a solid reputation for quality services and maintains strong collaboration with community referral sources.

We offer a viable and more immediate alternative to costly hospitalization.

 Our nurses provide immediate phone screening and prompt consideration to all referrals and walkins.

Each individual's safety and responsiveness to treatment is closely monitored through 24-hour supervision provided by a Psychiatrist, Medical Director and skilled staff such as Registered Nurses, Licensed Practical Nurses, Case Managers and Certified Peer Support Specialists.

 Discharge planning begins at admission to provide appropriate aftercare.

#### **All NDC Services**

■ Every individual admitted to NDC will receive assessment, treatment, 24-hr medical supervision, case management and group and individual therapy.

Treatment may last up to 7 days.

Discharge planning begins at admission. Any individual admitted to NDC will leave with an aftercare plan linking them to community support services.

■ Admission to NDC is based on many factors and can never be guaranteed. However, NDC promises to respond promptly to any request for services.

■ If you are unsure if NDC is the right service for you, please call the Vaya Health MCO Access To Service Line: 800.849.6127

NDC upholds the Health Insurance Portability and Accountability Act (HIPAA). No information will be provided without prior signed consent from the individual. IMPORTANT: If you are having a medical emergency, please call 9-1-1.



#### **Payment for Services**

We can bill through Medicaid.

 Individuals with no coverage may receive services via State Funds. Benefit eligibility is based on an income scale.

Individuals who self-pay are required to prepay for services.

Private insurance is *not* accepted. If you have private insurance, please call your carrier for a list of covered providers.

#### **For Referring Agencies:**

NDC is a 24 hour, secured, 16-bed crisis and detox facility for adults. NDC does not use seclusion or physical restraints. **To Make a Referral, Please Call the NDC Admission Line or Fax Your Request For Services.** If your agency would like to be added to our daily bed availability notification, please email us at **ndc@rhanet.org.** 



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