



What We Do

Recovering from addiction is never easy, especially when you feel you have to go it alone. RHA Substance Use & Addiction

Recovery Services offer outpatient

rehabilitation services for groups and

individuals designed to provide additional

structure, guidance and support to people

trying to achieve and maintain recovery from

substance use/addiction.

Contact Us

To Coordinate any of our Substance Use & Addiction Recovery Services, Please Call Us Today:

RHA Health Services
C3356 Comprehensive Care Center

356 Biltmore Ave.
Asheville, NC 28801
Phone: 828-254-2700
Fax: 828-254-1524

A Special Statement About Our Services:

RHA provides priority substance use treatment services for pregnant women and people seeking treatment for IV substance use. If you need help, please call us today!

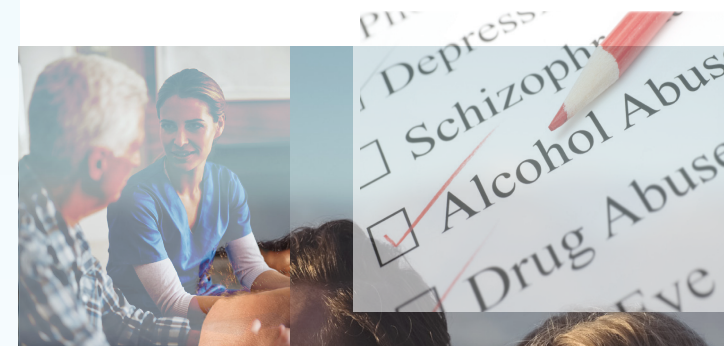
www.rhahealthservices.org



RHA Substance Use & Addiction Recovery Services are provided RHA Health Services. Through its behavioral health programs, RHA Health Services impacts the lives of over 12,000 people across North Carolina and has been helping people lead healthier, more fulfilling lives since 2005.



SUBSTANCE USE & ADDICTION RECOVERY Services



Addiction doesn't discriminate. You are not alone. We can help guide you on the road to recovery.





RHA Substance Use & Addiction Recovery Services

RHA specializes in providing comprehensive “wrap-around” support, advocacy and various levels of treatment to people who struggle with addictive diseases:

Comprehensive Clinical Assessment (CCA)

Initial appointment and evaluation to determine the appropriate treatment to meet your needs.

Substance Abuse Outpatient Program (SAOP)

Consists of structured group sessions focused on strengthening a person’s individualized relapse prevention plan.

Substance Abuse Intensive Outpatient Program (SAIOP)

Consists of structured individual, group and family treatment. Services are designed to support you as you develop and practice the skills needed in early recovery.



Goals of Treatment

The primary goal of RHA Substance Use Services is to help people abstain from drug and alcohol use. Services are designed to help you learn and confidently utilize relapse prevention strategies and healthy coping skills, and develop an individualized recovery plan.

More Benefits of Treatment

Participation in and successful completion of substance use treatment may also help you repair/improve relationships, decrease mental health symptoms, increase social support networks, improve self-esteem, discover activities/hobbies of interest and improve overall health.

Additional Services Available

- Mental Health Evaluations & Treatment
- Medication Management Training
- Crisis Intervention & Prevention Planning
- Case Management Support
- Substance Use & Addiction Recovery Education

Payment Options

RHA has flexible payment options and can help individuals without insurance secure funds for treatment.

