



Foothills Regional Treatment Center

Foothills Regional Treatment Center is located in a tranquil small-town community, within the foothills of the western North Carolina mountains. Personal recovery can be approached by clients without distraction. A discrete, private and nonthreatening atmosphere is provided for the quest toward optimal wellness for each client within our facility. The unique atmosphere of the surrounding area is incorporated within our program, which encourages peace and tranquility for optimal work on individualization of personal treatment.

FRTC is part of the continuum of care provided at the Caldwell C3 Comprehensive Care Center, which offers mental health/substance use crisis services including a mobile crisis (MCM) team, behavioral health urgent care, various outpatient programs, a pharmacy and peer and family support services all under one roof.

Our goal at FRTC and for all services offered at the Caldwell C3 Center is to provide a foundation for recovery and help people achieve stable, sober, and independent lives within their communities.

Contact Us



Foothills Regional Treatment Center is a certified Involuntary Commitment Designated Facility by the Division of Mental Health, Developmental Disabilities and Substance Use Services.

FRTC is *(located within the Caldwell C3 Comprehensive Care Center)*
2415 Morganton Blvd. SW Suite 200
Lenoir, NC 28645

FRTC Admission Line:
828-394-5585
Fax 828-758-4086

The Foothills Regional Treatment Center is operated by RHA Health Services and serves **Vaya Health Region with emphasis on Alexander, Caldwell, and McDowell Counties.** We are admitting clients with Medicaid and/or state funding.

To learn more about our services, please visit our website @ www.rhahealthservices.org.

Find us on 



Facility-Based Crisis Stabilization & Detoxification Services

CALDWELL C3 COMPREHENSIVE CARE CENTER 

2415 Morganton Blvd SW Suite 200
Lenoir, NC 28645

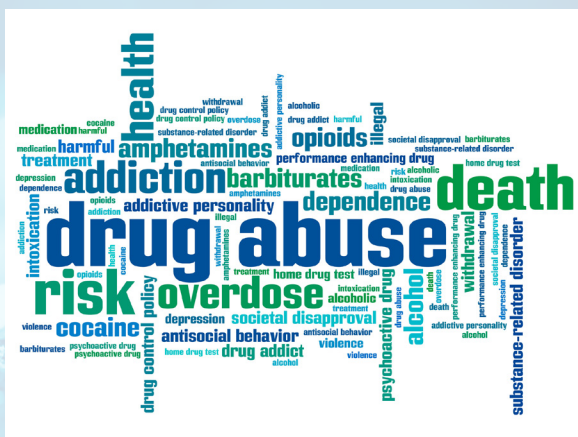


FRTC Crisis Services

- We provide crisis services to adults in need of short-term intensive evaluation, treatment, or behavior management to stabilize acute mental health crisis situations.
- These services are intended for individuals in imminent risk of danger to themselves or others who do not require seclusion or restraint.
- Our crisis services are appropriate for individuals who exhibit mood or behavior disturbances requiring immediate assessment and/or medication management that cannot be achieved in a less-restrictive setting.

Detox Services

FRTC Detox Services are intended for individuals who are actively using alcohol or illicit substances. Admission eligibility for detox services is determined on a case-by-case basis.



Why Choose Foothills Regional Treatment Center?



- The FRTC has a solid reputation for quality services and maintains strong collaboration with community referral sources.
- We offer a viable and more immediate alternative to costly hospitalization.
- Our nurses provide immediate phone screening and prompt consideration to all referrals and walk-ins.
- Each individual's safety and responsiveness to treatment is closely monitored through 24-hour supervision provided by a Psychiatrist, Medical Director and skilled staff such as Registered Nurses, Licensed Practical Nurses, Case Managers and Certified Peer Support Specialists.
- Discharge planning begins at admission to provide appropriate aftercare.

All FRTC Services

- Every individual admitted to FRTC will receive assessment, treatment, 24-hr medical supervision, case management and group and individual therapy.
- Treatment may last up to 7 days.
- Discharge planning begins at admission. Any individual admitted to FRTC will leave with an aftercare plan linking them to community support services.
- Admission to FRTC is based on many factors and can never be guaranteed. However, FRTC promises to respond promptly to any request for services.
- If you are unsure if FRTC is the right service for you, please call the Vaya Health MCO Access To Service Line: **800.849.6127**
- FRTC upholds the Health Insurance Portability and Accountability Act (HIPAA). No information will be provided without prior signed consent from the individual.

IMPORTANT: If you are having a medical emergency, please call 9-1-1.



Payment for Services

- We can bill through Medicaid.
- Individuals with no coverage may receive services via State Funds. Benefit eligibility is based on an income scale.
- Individuals who self-pay are required to prepay for services.
- Private insurance is *not* accepted. If you have private insurance, please call your carrier for a list of covered providers.

For Referring Agencies:

FRTC is a 24 hour, secured, 12-bed crisis and detox facility for adults. FRTC does not use seclusion or physical restraints. To Make a Referral, Please Call the FRTC Admission Line or Fax Your Request For Services. If your agency would like to be added to our daily bed availability notification, please email us at frtc@rhanet.org.

