



NC START East Advisory Council

March 30, 2021

Meeting Minutes

❖ Introductions

Jason Cone, Clinical Director BCPS; Cathleen Schultz, Lenoir County Schools Counselor; Kim Beneck, Eastpointe Clinical Director; Uzama Price, Alliance Complex Child Clinical Psychologist; Rhonda Walton, Vidant Medical Center Case Manager Supervisor; Crystal Dougherty, Trillium Care Manager Supervisor; Angie Linton, Caswell Developmental Center Social Work Supervisor
NC START: John Callahan, East Director; Michelle Kluttz, Regional Director; Sara Stanton, Clinical Director; Suzy Mayberry, Clinical Team Lead; Taylor White, Clinical Team Lead; Kim Clark, MSW Student Intern

❖ General

- Will maintain a zoom format for the year
- 1-hour quarterly
- Possibility of additional intermittent meetings if needed
- Future committee membership is on-going – would like to add a parent and an adult with IDD
- Future agendas will be sent out ahead of meetings
- Next meeting dates are: June 29th, September 28th, December 7th

❖ Mission Statement:

“Improve Capacity Building of our Community by way of Education and Advocacy for individuals with IDD/MH”

❖ Future Points of Discussion:

- Diagnostic Overshadowing – when it comes to advocating for a comprehensive medical work-up, what to do?
- Needs, Gaps, & Trends
- Barriers to services

❖ Future Meetings

- Data points to review: Resource Center utilization, Therapeutic Coaching utilization, referral updates, crisis service utilization (if geographically important), and enrollment trends