



## Assertive Community Treatment Team (ACTT)

**Assertive Community Treatment Team (ACTT)** services use a team of mental health professionals who offer a full range of support services to people with serious or persistent mental illness and/or behavioral health needs. ACTT promotes rehabilitation and independence by teaching people the coping skills needed to live in their own communities safely and productively and engaging them in normal daily routines and healthy social interactions. People receiving ACTT services often experience significant reductions in crisis situations such as homelessness, incarceration or repeated hospitalizations. Medicaid coverage is required to receive ACTT services.

ACT Team treatment includes, but is not limited to: comprehensive assessments & follow-ups, psychiatric care & health services coordination, substance use treatment, intensive case management, personal care & skills training for daily living, treatment & support for all levels of acuity of illness in the least restrictive setting, housing assistance, education assistance, employment assistance, job training, assistance applying for benefits, education on mental health and medication self-management, etc.

## What are the benefits of the ACT Team approach?

- 1. We come to you 24/7:** ACT Teams provide services wherever people need them – at home, at work, and in their communities. ACTT services are available 24/7/365 for emergency response.
- 2. No time limits:** We provide services and supports for as long as they are needed, fitting our schedules around the needs of the people we serve.
- 3. Shared responsibility, integrated approach:** ACT Team members work together to coordinate care for a limited number of people at a time, making sure every person we serve gets our full attention.
- 4. Flexible, responsive treatment plans:** Our teams meet daily to review the progress of an individual's care, adjusting treatment plans when necessary to meet the changing needs of the people we serve.
- 5. Personalized care:** Individuals get to know each member of their treatment team so there is always consistency of care.
- 6. Emphasis on natural supports:** We work to include family members in the development of treatment plans, focusing on improving family relationships, healthy conflict resolution, and how to best support individuals with behavioral health needs.



**To access care or make a referral for ACTT services in <<COUNTY>> county, please call <<xxx.xxx.xxxx>>. For more information, visit us at [rhahealth.org/ACTT](https://rhahealth.org/ACTT)**

