



## **Mobile Crisis Team** ***Western North Carolina***

Are you struggling with your mental health? Are you considering seeking treatment, but aren't sure where to start? Is your substance use or intellectual and developmental disability impacting your quality of life?

**RHA Health Services' Mobile Crisis Team is here to help.**

**Call 1.888.573.1006**  
***Available 24/7/365***

The purpose of RHA's Mobile Crisis Team is to safely stabilize those experiencing a crisis, and provide support to those who are seeking to prevent future crises from occurring. Services are available 24/7, 365 days a year to individuals struggling with mental health, substance use, intellectual and developmental disabilities, and behavioral health crises.

### **What You Should Know:**

- **No insurance** is required to utilize our services
- **No appointment** is necessary to utilize our services
- **No out-of-pocket costs**
- Calls can be placed for yourself, or a loved one
- Your privacy is always a priority
- Response will be immediate
- There are no age limitations on services

### **Services We Coordinate:**

- Outpatient Substance Use Treatment
- Outpatient Mental Health Services
- Outpatient Developmental Disability Services
- Detox/Rehab
- Inpatient Psychiatric Treatment
- Alternative Services & Resources
- School Risk Assessments

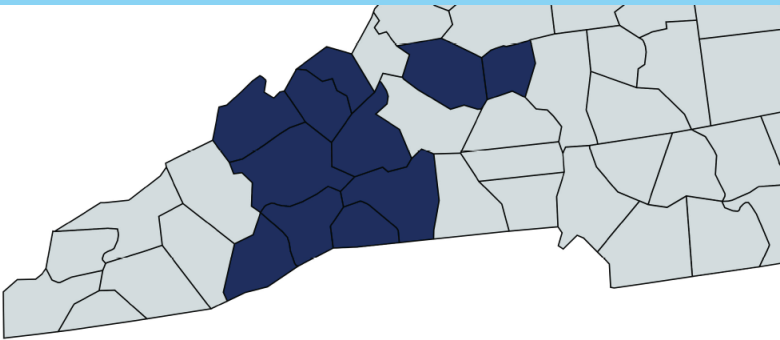
## How does mobile crisis management work?

RHA's Mobile Crisis Management (MCM) team is a dedicated group of dispatchers and crisis intervention trained responders available to receive crisis calls 24/7, 365 days a year.

Once a call is received, our dispatch team will ask for your basic information as well as details about the crisis occurring. Upon receiving this information, dispatch will then send a crisis intervention trained responder to your location to conduct an in-person crisis assessment, and provide appropriate support and resources.

Soon after your immediate assessment and intervention, an MCM team member will follow up with you to ensure your safety and successful connection to the resources identified during your assessment.

*Note: MCM is not appropriate when a person in crisis is violent or experiencing a medical emergency. In these situations please call 911.*



**Proudly serving: Alexander, Buncombe,  
Caldwell, Henderson, Madison, McDowell,  
Mitchell, Polk, Rutherford, Transylvania, and  
Yancey counties.**

