



Peer Support Services

On the path to recovery, it helps to have the support of someone who has been there before. That's where RHA Peer Support Services can help.

Peer Support Services (PSS) are recovery-focused, person-centered services for people ages 18 and older who are living with mental illness or substance use issues. With the help of a Certified Peer Support Specialist, people learn how to manage their own recovery and build self-advocacy skills.

Having guidance and support from someone who has “been there” is what many in recovery value the most about Peer Support Services. Peer Support Specialists serve not only as mentors, but also as sources of hope and inspiration to people who are beginning the recovery process.

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Who are Peer Support Specialists?

Certified Peer Support Specialists are people who have:

- Been diagnosed with a mental illness and/or some form of addiction
- Demonstrated resiliency and perseverance in their own recovery efforts
- Completed 40 hours of intensive Peer Support Service training

Peer Support Specialists offer unique insight and a valuable perspective that differs from the traditional clinical approach.



**To access Peer Support Services in
[LOCATION(S)/COUNTY]
please contact:**

**RHA Health Services
STREET ADDRESS
CITY, ST ZIPXX**

Phone: XXX-XXX-XXXX

Fax: XXX-XXX-XXXX

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