



## Medication-Assisted Treatment Therapy (MATT)

Medication-Assisted Treatment Therapy (MATT) is a multi-disciplinary treatment program for people dealing with substance use disorders.

At RHA Health Services, we provide team-based wraparound support that addresses both the physical and psychological impacts of addiction. In many cases, this includes nurses, peer support specialists, and more.

MATT services are available to uninsured, underinsured, and publicly and privately insured individuals. Please call our office to verify that we accept your plan or payer.

- **Public Payers:** Benefits eligibility is based on an income scale. We also accept many NC Medicaid Standard Plans and continue to serve those with NC Medicaid Direct.
- **Private Payers:** We accept several private insurance plans. Private insurance eligibility will be verified during intake.

## Components of Medication-Assisted Treatment (MATT)

### Specialized Counseling

RHA utilizes evidence-based best practices to guide counseling approaches in order to provide guidance and tools designed to enhance the psychological, social, and spiritual components of healthy living. These services are mostly led by therapists and peers specializing in substance use treatment who have lived experience. This combination of services is effective in the treatment of substance use disorders and can help people to sustain recovery.

### Medication

Every person's MATT plan is crafted to meet their unique needs. Medications may include:

- Suboxone, a prescription medication used to treat opioid addiction
- Vivitrol, a prescription injectable medicine used to treat alcohol dependence
- Other medications as needed

To coordinate MATT services in  
[LOCATIONS/COUNTIES]  
please contact:

RHA Health Services  
[ADDRESS]  
[CITY], [ST] [ZIP\*\*]

Phone: XXX-XXX-XXXX

Fax: XXX-XXX-XXXX

