



Mary Benson House

Located in Asheville, NC, The Mary Benson House is a haven of healing and recovery for pregnant and parenting women. The Mary Benson House offers trauma-informed care and strives to empower mothers and mothers-to-be in a safe environment that is built on trust, transparency and collaboration between staff and residents.

While staying at the Mary Benson House, residents are linked with opportunities to further their education, obtain employment, or gain experience through volunteer work after they complete their outpatient program. Financial counseling services are also available to our residents through a separate community agency.

For more information, call: 828-252-5280 rhahealthservices.org



To be admitted to Mary Benson House, a woman must meet the following criteria:

- Be 18 years of age or older
- Be pregnant, or have a child under the age of 5
- Meet the criteria for a substance use disorder at the ASAM 3.5 level
- Be Work First and Medicaid eligible
- Be a resident of North Carolina

Services Offered at Mary Benson House:

- Person-centered treatment planning
- Weekly parenting class & self-care group
- Counseling (Individual & Group)
- · Linkage to primary medical & pediatric care
- Case management
- Transportation to all appointments including medical care



For more information, or to refer someone, please call 828-252-5280 or visit us at rhahealthservices.org





