



## Psychosocial Rehabilitation

Psychosocial Rehabilitation (PSR) is designed to help adults with behavioral health challenges increase their ability to live independently and minimize their need for ongoing professional intervention.

We help people set and pursue their personal goals and implement steps to better manage their illness and their everyday lives.

Enhanced skills and increased feelings of confidence, nurtured within a caring environment, help adults with behavioral health needs maintain the dignity, respect, and sense of pride that enable them to become active, productive members of their communities.

Success in the real world comes, in part, from knowing how to manage responsibilities and learning how to make the right choices. Our PSR programs are designed to promote these building blocks of success.

**For more information, call:**  
**1.800.848.0180**  
**[rhahealthservices.org](http://rhahealthservices.org)**



**RHA**  
HEALTH SERVICES



## **Psychological Rehabilitation (PSR) Locations in Central North Carolina:**

### **Anarossi Place**

82 Union St. S, Unit D  
Concord, NC 28025  
Ph: 704.793.6010

### **Passageways**

310 N Main St.  
Lexington, NC 27292  
Ph: 336.422.1100

### **Carter House**

600 W. Innes St.  
Salisbury, NC 28144  
Ph: 704.633.1835

### **Piedmont House**

233 Montgomery Ave.  
Suite 2A  
Albermarle, NC 28001  
Ph: 704.983.4157

### **Goldsboro PSR**

219 E Walnut St.  
Goldsboro, NC 27530  
Ph: 984.520.5900

### **Union House**

316 I.B. Shive Dr.  
Monroe, NC 28110  
Ph: 704.226.1517

**For more information or to access  
services, call 1.800.848.0180.**

[rhahealthservices.org](http://rhahealthservices.org)

