



RHA  
HEALTH SERVICES



## Community Support Team Services

Community Support Team services are intensive community-based mental health and/or substance use rehabilitation services for adults with severe mental health or addiction needs.

The goal of CST services is to empower people to realize their strengths, integrate into their communities, and build the confidence to become their own best advocates.

CST services use a team approach to assist adults in achieving their recovery goals. The members of our Community Support Team act as advocates, monitors, and service coordinators.

**We come to YOU:** CST services can be provided in a person's home, school, a homeless shelter, or other locations in the community.

[rhahealthservices.org](https://rhahealthservices.org)



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Community Support Team services not only provide treatment, but can also help adults with severe mental illness and/or addiction:

- Get needed treatment
- Increase their coping skills
- Build better social supports
- Improve medication management skills
- Find housing and employment
- Live more independently
- Improve the quality of their lives
- Reduce the occurrence of crisis situations such as hospitalization or incarceration



**To access Community Support Team services in  
[LOCATION(S)/COUNTY]  
please contact:**

**RHA Health Services  
STREET ADDRESS  
CITY, ST ZIPXX**

**Phone: XXX-XXX-XXXX  
Fax: XXX-XXX-XXXX**

**[rhahealthservices.org](http://rhahealthservices.org)**

