



RHA
HEALTH SERVICES



Neil Dobbins Center

The Neil Dobbins Center (NDC) is a 24-hour crisis and non-hospital detox facility for adults located in Asheville, North Carolina. We offer short-term, intensive therapeutic interventions and stabilization services for individuals experiencing mental health crises as well as those struggling with substance use and addiction.

At NDC, you will receive assessment, treatment, 24-hour medical supervision, case management and group and individual therapy. You will spend time with clinicians and Peer Support Specialists, both individually and in groups, to identify your strengths and your individual support and treatment needs, and to make a plan for your recovery.

To make a referral or access services, call:
828.253.6306
rhahealth.org/ndc



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Why choose NDC?

- Safety is a priority at NDC, and each individual's responsiveness to treatment is closely monitored via 24-hour supervision by a psychiatrist, medical director, and other skilled staff members.
- Care doesn't stop once you leave NDC: discharge planning begins at admission in order to ensure appropriate aftercare is provided.

What services are available at NDC?

Crisis Services

- Intended for adults in need of short-term intensive evaluation, treatment, or behavior management to stabilize acute mental health crisis situations.
- Crisis services are intended for individuals who present an imminent risk of danger to themselves or others but do not require seclusion or restraint.
- NDC services are appropriate for individuals who exhibit mood or behavior disturbances requiring immediate assessment and/or medication management that cannot be achieved in a less restrictive setting.

Detox Services

- Intended for individuals who are actively using alcohol or illicit substances.
- Admission eligibility is determined on a case-by-case basis.

**The Neil Dobbins Center is located
on the lower level of RHA's
C3356 Comprehensive Care Center**

**356 Biltmore Ave., Suite 150
Asheville, NC 28801**

Phone: 828.253.6306

Fax: 828.210.1404