

# Become an Alternative Family Living Services Professional Caregiver with RHA Health Services in North Carolina



Do you enjoy helping others? Is it important to you that people are supported in being successful at home, work, and in the community? Do you have room in your home and your heart for someone else? If so, you may find fulfillment as an Alternative Family Living (AFL) Professional Caregiver with RHA Health Services. We ask that you bring a desire to serve others and share your home, and RHA will provide the training and support to ensure your success.

### What are Alternative Family Living (AFL) Services?

AFL offers adults and children with intellectual and developmental disabilities the option to live in a natural home setting with a professional caregiver to support them in reaching personal goals and living the life they choose.



## **A Life-Changing Opportunity**

RHA and its Professional Caregivers have provided AFL supports for many years. Caregivers say their lives have been enriched by their experiences. AFL has benefited the person supported and the caregiver in ways they could not have predicted. Helping another person realize his or her potential for independence and find a place in the community is a special experience with life-changing rewards.



For more information on becoming an AFL Professional Caregiver, please call 1.800.848.0180 or visit rhahealth.org.

# **AFL Professional Caregiver Frequently Asked Questions**



#### What kinds of supports will I provide as an AFL Professional Caregiver?

- Welcome someone to live in your home and provide them a safe and healthy living environment.
- Seek to understand the person in the context of their personal history, their social and family networks, and their hopes and dreams for the future.
- Help the person learn life skills including money management, basic household skills, developing and managing appropriate social relationships, getting to daily activities and appointments, and becoming an active part of their community.



#### How will RHA Health Services support me?

RHA will support your success as an AFL Professional Caregiver by:

- Providing you initial and ongoing training and supports so that you will be competent and successful as an AFL professional caregiver.
- Advising and assisting as you prepare your home for AFL service, including seeking licensure if needed.
- Providing a Qualified Professional to offer you support in your role as a Professional Caregiver and ensure the person you support receives what they need for success.
- Including you in planning services and supports with the person; ensuring the plan is determined by what is most important to the person supported.
- Providing Respite Care for the person you support to give you the breaks and rest you need.



#### **How are AFL Professional Caregivers compensated?**

AFL Professional Caregivers receive competitive compensation that reflects the level of supports required. Many people choose to continue their existing careers while also opening their homes as an AFL Professional Caregiver.

Ready to Apply? Visit RHAJobs.com

#### What are the requirements to be an AFL Professional Caregiver?

- High School Diploma or G.E.D
- Ability to provide a home that meets AFL requirements
- At least 18 years of age
- Valid driver's license and automotive insurance
- Flexible schedule, energy and availability to provide necessary transportation to appointments and participate in activities with the person you support
- Ability to pass background check and drug screening