



## **Alternative Family Living (AFL) Services**

RHA Health Services is a provider of comprehensive, person-centered services for people living with intellectual and developmental disabilities (IDD). RHA is pleased to offer high-quality Alternative Family Living (AFL) services throughout North Carolina.

AFL offers adults and children with IDD the option to live in a natural home setting with a professional caregiver to support them in reaching personal goals and living the life they choose. RHA professional caregivers report that their lives and the lives of their families are enriched by their experiences.

RHA is a reliable provider with decades of experience serving people with IDD and our AFL services are supported by a strong team of professional and administrative staff. We are typically able to make AFL placements quickly and support people with a wide variety of needs.

## Why choose RHA for AFL Placements?

Because RHA is a comprehensive provider, people receiving AFL services have access to other specialty services to meet their unique needs, including behavioral and nursing services.

RHA supports its AFL professional caregivers with highly individualized competency-based training to ensure they have the preparation and knowledge they need to support the person who will be living in their home. This includes RHA's proprietary ProAct training, which focuses on supporting resiliency, emotional stability and problem solving.



To learn more or make a referral,  
call **1.800.848.0180** or  
email [referralsNC@rhanet.org](mailto:referralsNC@rhanet.org).

