



PENNSYLVANIA
BEHAVIORAL HEALTH SERVICES

Your path to wellness begins here.

ABOUT RHA

A TRUSTED LEADER IN SUPPORTING PEOPLE

RHA HEALTH SERVICES is a leading provider of high-quality supports and services for people with a variety of behavioral health needs in Pennsylvania. **We deliver services tailored to the individual, and grounded in what each person values.**

COMMUNITY-BASED SERVICES

Assertive Community
Treatment Team

Blended Case Management

Certified Peer Support

Children's Blended Case
Management

Children's Family-Based
Mental Health Services

Psychiatric Rehabilitation
Services

RESIDENTIAL SERVICES

Community Residential
Rehabilitation

Residential Program for
Ages 65+

Long-Term Structured
Residence

Personal Care Homes

Supported Living Program

DEAF AND HARD OF HEARING SERVICES

Blended Case Management

Supported Living Housing

Community Residential
Rehabilitation

Outpatient Services for
Children and Adults

Psychiatric Rehabilitation
Services

ABOUT RHA





Evidence-based methods form the backbone of RHA's services.

Each program takes approaches that have been shown through clinical research to help people recover, whether for adolescents experiencing behavioral crises, adults managing serious mental illness, or individuals addressing substance use disorders.



Getting people back into everyday community life is a key goal.

Programs help people build the practical skills they need to live more independently and make meaningful connections with others, right in their own neighborhoods and surroundings.



Multidisciplinary, person-centered approaches drive treatment planning.

We recognize that mental health affects all parts of life. RHA addresses the physical, emotional, and social aspects of each person's situation through coordinated expertise that aligns with each person's specific circumstances and personal recovery goals.

BEHAVIORAL HEALTH LOCATIONS ACROSS PENNSYLVANIA

Allegheny County | Moon Township

PAHrtners Deaf Services - Administrative Office West

Deaf and Hard of Hearing Services

Berks County | Wyomissing

Wyomissing Behavioral Health Office

Blended Case Management for Children and Adults

Children's Family-Based Services

Columbia County | Berwick

Berwick Behavioral Health Office

Children's Family-Based Services

Lehigh County | Allentown & Bethlehem

Chew Street Recovery Education Center

Psychiatric Rehabilitation Services

Unity House

Psychiatric Rehabilitation Services

Luzerne & Wayne Counties | Wilkes-Barre

Wilkes-Barre Behavioral Health Office

Children's Family-Based Services

Carbon-Monroe-Pike County | Stroudsburg & East Stroudsburg

East Stroudsburg Behavioral Health Office

Blended Case Management for Children and Adults

New Hope Recovery Center

Psychiatric Rehabilitation Services

Stroudsburg ACTT

Assertive Community Treatment Team

SERVICE LOCATIONS

Montgomery County | Glenside

PAHrtners Deaf Services - Administrative Office East

Blended Case Management for Children and Adults

Certified Peer Support

Psychiatric Rehabilitation Services

Supportive Living Housing

Community Residential Rehabilitation

Outpatient Services for Children and Adults

Northampton County | Bethlehem

Bethlehem Behavioral Health Office

Blended Case Management for Children and Adults

Certified Peer Support

Children's Family-Based Services



SCAN THIS QR CODE OR VISIT [RHAHEALTH.ORG/LOCATIONS](https://rhahealth.org/locations)
FOR LOCATION PHONE NUMBERS AND ADDRESSES!



AN EXPLORATION OF OUR SERVICES

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Indicates service also offered by
PAHrtners Deaf Services



DEAF AND HARD OF HEARING SERVICES

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Services for our community members who are Deaf and Hard of Hearing are offered by PAHrtners Deaf Services. This underscores our commitment to serving our Pennsylvania community members in an environment free of cultural or language barriers.

A NOTE OF GRATITUDE

I'm so lucky to have come across RHA Health Services. I would not be where I am today without their **assistance, patience, and compassion.**



PAHrtners
DEAF SERVICES

A PROGRAM BY RHA HEALTH SERVICES

ABOUT

The Assertive Community Treatment Team (ACTT)

provides comprehensive, evidence-based support for individuals experiencing persistent and severe mental health challenges.

Our multidisciplinary approach is designed to facilitate community integration, promote recovery, and enhance quality of life through personalized interventions delivered in the person's natural environment.

OUR APPROACH

Our team brings RHA's person-centered approach to life by:

- Delivering services directly in community settings where people live, work, and socialize
- Conducting comprehensive assessments to identify individual strengths, needs, and preferences
- Collaboratively developing treatment plans with measurable goals
- Teaching adaptive coping strategies and life skills
- Coordinating with primary care providers to address physical health needs
- Facilitating connection to community resources and natural support systems
- Whole person approach such as medical, housing, therapy, etc.



COMMUNITY-BASED SERVICES

A: ASSERTIVE COMMUNITY TREATMENT TEAM (ACTT)

PROGRAM HALLMARKS

Key Features of ACTT Services:



24/7 Help is Available

Support available around the clock, including weekends and holidays by the persons care team.

Mobile Service Delivery

Services provided in the persons' own environments, eliminating transportation barriers.

Continuous Long-Term Support

Ongoing care for as long as eligibility requirements are met.

Dynamic Care and Treatment Planning

Daily team meetings enable rapid adjustments to care plans as needs change.

Care Team Relationship Continuity

People work with consistent team members who become familiar with their unique circumstances.

Family and Support System Integration

Education and guidance provided to family members and other support persons when appropriate.

ABOUT

Blended Case Management

provides comprehensive, evidence-based support for individuals experiencing mental health challenges who need coordinated care and resource navigation.

Our approach is designed to facilitate personal goal achievement, promote meaningful connections, and enhance overall wellness.

OUR APPROACH

Our team brings RHA's person-centered approach to life by:



Connecting people with essential services and crisis intervention support when needed



Assigning dedicated case managers who develop ongoing therapeutic relationships



Conducting comprehensive assessments to identify individual goals, strengths, and resource needs



Teaching practical life skills and facilitating meaningful social connections and support systems



Coordinating access to community resources, benefits, and support services



Supporting people in building self-sufficiency and confidence in daily living



COMMUNITY-BASED SERVICES

B: Blended Case Management

PROGRAM HALLMARKS

Key Features of Blended Case Management

FINISHED



Helping You Live Your Best Life

We focus on helping people set goals that matter to them, build friendships and connections, and take better care of their health and well-being.

Someone There in a Crisis

When things get really tough, we have crisis help available. You don't have to handle emergencies alone.

Your Own Personal Guide

Every person gets their own case manager - someone who gets to know you and helps you figure out what you need and want.

Connecting You to Help

We help you find and get the services you need, whether that's housing, healthcare, benefits, or other community resources.

Building Toward Independence

Our goal is to help you become more self-sufficient and confident in handling life on your own terms.

ABOUT

Certified Peer Support

provides comprehensive, recovery-focused assistance for individuals aged 18 and older experiencing mental illness or substance use challenges.

Our peer-driven approach is designed to facilitate recovery management, promote self-advocacy skills, and enhance hope and inspiration through personalized support delivered by specialists with lived recovery experience.

OUR APPROACH

Our team brings RHA's person-centered approach to life by:



Connecting people with peer specialists who have personal experience with recovery journeys



Conducting comprehensive assessments to identify individual recovery goals and self-advocacy needs



Collaboratively developing recovery management strategies based on shared experiences



Teaching practical self-advocacy skills that empower individuals to navigate their own care



Providing guidance and support rooted in authentic understanding of recovery challenges



Facilitating connection to community resources and peer support networks



COMMUNITY-BASED SERVICES

C: Certified Peer Support

PROGRAM HALLMARKS

Key Features of Certified Peer Support

FINISHED



Someone Who Gets It

Your peer specialist has been through recovery too. They understand what you're going through and can show you recovery is possible.

Learning to Advocate for Yourself

We help you learn how to ask for what you need, communicate effectively with doctors and case workers, and become your own best advocate.

Hope When Things Feel Hard

When recovery feels impossible, your peer specialist can share their story and remind you that people do get better and go on to live fulfilling lives.

Managing Your Recovery Your Way

We help you figure out what recovery looks like for you and teach you skills to manage your mental health on your own terms.

Building Confidence in Your Journey

Our goal is to help you believe in yourself and your ability to recover, while learning practical skills that will help you succeed.

ABOUT

Children's Blended Case

Management provides comprehensive, evidence-based support for children aged six years and younger experiencing mental illness or emotional disturbances.

Our family-centered approach is designed to facilitate healthy development, promote family stability, and enhance overall well-being through personalized interventions delivered in the child's natural environment.

OUR APPROACH

Our team brings RHA's person-centered approach to life by:

- Assigning dedicated Children's Blended Case Managers who develop ongoing relationships with children and families
- Providing support across multiple settings including home, school, and medical appointments
- Conducting comprehensive assessments to identify each child's unique developmental and emotional needs
- Collaboratively developing individualized service plans that address both child and family goals
- Coordinating services within RHA and with community partners, including schools and healthcare systems
- Connecting families to community resources and natural support systems



COMMUNITY-BASED SERVICES

D: Children's Blended Case Management

PROGRAM HALLMARKS

Key Features of Children's Blended Case Management



Support Wherever Your Child Needs It

Your child's case manager comes to you - at home, school, doctor visits, or wherever support is needed most.

Dedicated to Your Family

Every family gets their own Children's Case Manager who gets to know your child and what your family needs.

Bringing All the Pieces Together

We coordinate all your child's services - therapy, medical care, school support - so nothing falls through the cracks.

Help That Fits Your Child

Every plan is made just for your child and family. We know that every child is different and has their own needs.

Connecting Your Family to Resources

We help you find and get services in the community that can support your child's growth and your family's well-being.



Also offered by PAHrtners Deaf Services

ABOUT

Children's Family-Based Mental Health Services help families with children aged 21 and younger experiencing serious mental illness. They focus on strengthening family bonds and reducing barriers in order to prevent out-of-home placement.

The team works in partnership with community resources to foster independence, empowerment, and self-sufficiency by identifying and leveraging strengths.

OUR APPROACH

Our team brings RHA's person-centered approach to life by:



Identifying and leveraging individual and family strengths to build on what's already working



Developing family skills for caring for children with serious mental illness in the home environment



Facilitating partnership with community resources and other providers that understand family challenges



Strengthening family bonds and communication to prevent out-of-home placement



Supporting independence, empowerment, and self-sufficiency for both children and families



Reducing barriers that make it harder for families to care for their children at home

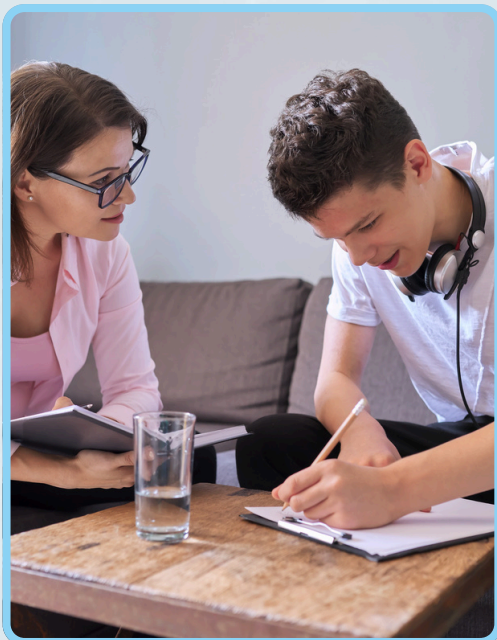


COMMUNITY-BASED SERVICES

E: Children's Family-Based Mental Health Services

PROGRAM HALLMARKS

Key Features of Children's Family-Based Mental Health Services



Keeping Families Together

We work to help families stay together by providing support in your community and preventing out-of-home placement.

Building on What Your Family Does Well

We look for the strengths your family already has and help you use those to support your child's mental health, strengthening your bond.

Partnering with Your Community

The family-based team works in partnership with community resources to foster independence, empowerment, and self-sufficiency

Working as a Team

At least one adult family member works closely with our team to make sure everyone is on the same page about goals and support.

Preventing Crisis

Our goal is to give your family the tools and support you need before problems get so big that your child might need to leave home for treatment.

ABOUT

Psychiatric Rehabilitation

Services help adults with mental health challenges enhance all aspects necessary for a fulfilling life and minimize barriers to recovery.

We help people identify their needs, build skills, and take control of their recovery plans. This trauma-informed approach promotes growth across four key life areas: living, learning, socializing, and working.

OUR APPROACH

Our team brings RHA's person-centered approach to life by:



Working in true partnership with individuals to identify their specific needs and goals



Offering skill-building opportunities tailored to each person's recovery vision



Focusing on all four environments of choice: living, learning, socializing, and working



Providing trauma-informed services that promote healing and personal growth



Empowering individuals to take an active leadership role in their recovery journey



Creating comprehensive approaches that enhance all aspects necessary for a fulfilling life



COMMUNITY-BASED SERVICES

F: Psychiatric Rehabilitation Services

PROGRAM HALLMARKS

Key Features of Psychiatric Rehabilitation Services



Building Your Best Life

We help you work on all the things that make life fulfilling: where you live, learn, socialize, and work.

Your Personal Partner

Our staff works with you as a teammate to figure out exactly what you need and want to work on.

Learning New Skills

We offer chances to build skills that help you succeed in the areas of life that matter most to you.

Healing from Past Hurts

All our services understand how trauma affects people and focus on helping you heal and grow stronger.

Growing in Every Way

We support your growth through activities that help your body, mind, emotions, and spirit.



Also offered by PAHrtners Deaf Services

ABOUT RESIDENTIAL SERVICES

RHA's four services in residential behavioral health create supportive environments designed to enhance well-being and improve quality of life.

Community Residential Rehabilitation (CRR) ✨

CRR partners with adults to rebuild independence and reclaim their lives. We see each person's strengths first, not their struggles.

In home-like environments, residents work toward personal goals with support for daily living, health management, and social connections.

CRR empowers people to write their own stories of recovery and create the life they envision, because everyone deserves the chance to thrive.

Residential Program for Ages 65+

This program addresses behavioral health, mobility, and health challenges for people 65 and older.

In supportive environments, trained staff help residents maintain independence through community living skills, activity support, meal preparation, medication management, and activities.

Our trauma-informed approach provides care while respecting each person's dignity and choices, honoring the need for purpose and meaningful community connection.



RESIDENTIAL SERVICES

SPECIALIZED CARE AND SUPPORT

EXPLORE FURTHER



Scan this QR code to learn even more:

Long-Term Structured Residence and Personal Care Homes

In our structured, trauma-informed, home-like environments, residents receive comprehensive support including medication management, assistance with daily activities, meals, therapy, crisis support, transportation, and leisure activities.

Our approach empowers people to live as independently as possible while providing care that ensures dignity, comfort, and community connection, recognizing the right to safety, belonging, and the chance to flourish.

Supported Living Program



This transitional program empowers adults with serious and persistent mental illness to transition toward independent community living.

RHA provides person-centered, individualized mental health services in a structured recovery environment designed for adults 18 and older. Our staff work alongside residents to develop the skills and confidence needed for independent community engagement, understanding that each person's recovery journey is unique and non-linear.



Also offered by PAHrtners Deaf Services

ABOUT DEAF AND HARD OF HEARING SERVICES

PAHrtners Deaf Services, a program by RHA Health Services, offers a wide-range of behavioral, developmental and therapeutic support programs to Deaf and Hard of Hearing individuals.

Blended Case Management (BCM) for Children and Adults

Case managers help people access and manage medical, social, and educational services while also working on socialization, and when appropriate, support their independent living skills.

Blended Case Managers frequently travel to where they are needed, such as the individual's home, school, or medical appointments. Case managers are available 24/7 to assist with emergencies and crisis intervention.

Outpatient Therapy for Children and Adults

Outpatient services are available in Glenside.

These services may include psychiatric evaluations and medication management conducted by board-certified psychiatrists, various assessments, individual therapy, therapist-led group therapy, parenting psycho-educational groups, and family therapy aimed at promoting healthy family dynamics and school performance.



DEAF AND HARD OF HEARING SERVICES
FOR OUR PENNSYLVANIA COMMUNITY

PAHrtners
DEAF SERVICES
A PROGRAM BY RHA HEALTH SERVICES

Supported Living Housing

The goal is to provide adults with a community-based home that offers the level of care needed while promoting independence and teaching essential living skills.

Care is overseen by an interdisciplinary treatment team that includes the person served, residential support staff, case management, therapeutic and psychiatric services, nursing, and family members.

Psychiatric Rehabilitation Services (PRS)

PRS, also called the Day Program, is designed specifically for Deaf adults navigating mental health challenges. Through group therapy and psychoeducational sessions, we work on managing emotions, conflict resolution, problem-solving, and self-advocacy.

Participants connect with a peer community while developing skills in language and literacy, vocational abilities, and daily living. The program provides flexible, culturally appropriate support.

Community Residential Rehabilitation (CRR)

CRR partners with adults to rebuild independence and reclaim their lives. We see each person's strengths first, not their struggles.

In home-like environments, residents work toward personal goals with support for daily living, health management, and social connections.

CRR empowers people to write their own stories of recovery and create the independent life they envision, because everyone deserves the chance to thrive.

Scan this QR code to learn more and get in touch with PAHrtners

**READY TO
CONNECT?**





1.800.848.0180



For Deaf Services
VP 215.392.2425

RHA has been accredited by the Council on Quality and Leadership (CQL) since 2001. Since 2019, RHA has been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) International.

